

The Family Functioning Inventory

	Always	Sometimes	Rarely	Rarely	Sometimes	Always	
Positive							Negative
Calmness Respond to problems and plan solutions in a calm manner							Chaotic Nothing is planned. Every problem is a new crisis.
Organization You make a family plan of activities.							Disorganization You don't make a plan of family activities.
Reciprocity You are united to find solutions to meet each other's needs.							Confrontation You aren't united to find solutions to meet each other's needs.
Supporting You help each other in order for everyone to be successful.							Competitiveness You care about individual success.
Protection Family members fatch other's weaknesses.							Attack You attack each other according to weaknesses.
Rewarding Family members praise and encourage each other.							Underestimation Family members disrespect each other.
Confidence You have confidence in each other.							Suspicion You haven't confidence in each other.
Open communication You ask questions and listen to each other.							Close communication You avoid conversations and don't listen to each other.
Encouraging You encourage each others development respecting individuality.							Discouraging You discourage developments of each other by exposing that others act the certain way.
Clear communication „Please, be careful not to break your glasses when running.“							Confusing communication „You are reckless!“
Direct communication „Are you mad about something?“							Indirect communication Do you know why he is mad?
Instant communication „You must do it homework if you want to go out with friends.“							Postponed communication „You didn't do homework last week and I forbid you to go out with friends now.“
Complete communication „You need to drink the medicine so that you don't have stomach pains anymore.							Incomplete communication „You must drink the medicine!“
Flexible communication „Are you intersted in talking to me?“							Rigid communication „You must talk to me about that!“
Reflective communication „Let's talk about the consequences of your behaviour.“							Impulsive communication „Stop to doing that! As punishment, I forbid you to go out!“
Accepting communication „I know that you feel sad if kids refuse to play with you.“							Unaccepting communication „Don't be such a crybaby!“
Positive: Total by columns							Negative: Total by columns
Total of positive							Total of negative

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